

Coverage and Culture: Employer Symposium for Workplace Mental Health

August 20, 2026 | 10 a.m. - 3 p.m.

The Carter Center

9:30 a.m. - 10 a.m. | Registration and Breakfast

10 a.m. - 10:15 a.m. | Welcome and Opening Remarks

10:15 a.m. - 11 a.m. | Keynote: Building a Mentally Healthy Workplace Starts with Leadership

Adam Nemer, Founder, Simple Mental Health

Followed by a fireside chat with Erica Deigh, Benefits and Compensation Specialist, Clayton County Water Authority

11 a.m. - 11:45 a.m. | The Science of Workplace Mental Health and Why

Tahilia J. Rebello, Chief Scientific Officer, One Mind

11:45 a.m. - 12:15 p.m. | Working Well in Today's Workplace

Nidhi Tewari, Author of *Working Well*

12:15 p.m. - 12:55 p.m. | Networking Lunch

12:55 p.m. - 1:40 p.m. | Mental Health Parity 101: What Employers Need to Know

Cara Cheevers, Vice President of Coverage Policy, Inseparable

1:40 p.m. - 2:25 p.m. | Holding Health Plans Accountable: Employer Tools for Parity Compliance

Beth Ann Middlebrook, National Parity Expert, Advisor to Bowman Family Foundation

Dr. Henry Harbin, National Parity Expert, Advisor to Bowman Family Foundation

2:25 p.m. - 3:00 p.m. | From Compliance to Action: Employer Strategies for Improving Access to Care – Interactive Q&A

Andrea Meyer Stinson, Director of Workforce Strategy & Initiatives, Resilient Georgia

Cara Cheevers, Vice President of Coverage Policy, Inseparable

Beth Ann Middlebrook, National Parity Expert, Advisor to Bowman Family Foundation

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